



CENTER FOR  
THE ADVANCED  
STUDY OF INDIA

**CASI**  
UNIVERSITY OF PENNSYLVANIA

# Public Health Foundation of India Public Health Research

## CASI-PHFI Internship

The CASI-Public Health Foundation of India (PHFI) partnership offers a competitive volunteer internship to current Penn students who are eager to take a hands-on approach to healthcare and research. PHFI is a public private initiative that has collaboratively evolved through consultations with multiple constituencies including Indian and international academia, state and central governments, multi & bilateral agencies and civil society groups. PHFI is a response to redress the limited institutional capacity in India for strengthening training, research and policy development in the area of Public Health. Students interested in medicine, public health, healthcare management, and research should apply.

## Internship Details

- 8-10 week internship from late May 2023 to early August 2023
- CASI will provide up to two (2) Penn students \$4,500 each to cover travel to and within India, affordable housing, and living expenses
- Funds for the CASI Summer Internship are available through a combination of generous support from CASI donors and Penn Global

## • Past CASI Projects Have Included:

- Pilot school-based interventions focused on prevention of type 2 diabetes and management of type 1 diabetes
- Conducting community health surveys focused on qualitative and quantitative data collection
- Organizing stakeholder interviews to engage community health workers and inform policy

## About CASI

CASI is an academic research center located within Penn's School of Arts & Sciences. Founded in 1992, CASI is recognized as a national resource and the first research institution in the US dedicated to the study of contemporary India. For questions on CASI Student Programs contact [casi@sas.upenn.edu](mailto:casi@sas.upenn.edu)





*"As someone who spends most of my time at Penn studying scientific concepts in the classroom and exploring health in clinical settings, working at PHFI through my CASI internship gave me the unique opportunity to explore how we can affect health through an interdisciplinary lens. Working on projects relating to health literacy and policy and seeing public health interventions in action through a field visit, confirmed my desire to pursue my pathway into medicine with a newfound focus on how we can tailor public health interventions to empower the underserved."*

—Himanshi Verma C'24

## About PHFI

PHFI is focused on building institutional capacity in India to strengthen public health education, training, research and policy. The health promotion division at PHFI aims at designing evidence based interventions to develop healthy settings in diverse environments. The development of interventions is based on theory and needs-assessment of populations, addressing the determinants of health and illness. Appropriate health promotion approaches are selected to address individual, community and societal determinants of health and illness. These methods and approaches range from health education, advocacy, community empowerment, legislation, fiscal policy change to organizational change and strengthening health services to address social inequalities in health.

For more information on PHFI: <http://www.phfi.org/>

### Gurgaon

Gurgaon, also known as Gurugram, is a city located in the State of Haryana and part of the NCR (National Capital Region). Located just south of New Delhi, Gurgaon is one of four major satellite cities easily accessible by highway and Delhi Metro. Considered the industrial and financial center of Haryana, Gurgaon is home to many of India's manufacturing companies and Fortune 500 companies. The city experiences extreme heat in the summer with temperatures extending above 100 degrees Fahrenheit during the month of June. During the winter months, the temperature will hover just above freezing. The monsoon season brings heavy rains to cool the climate typically during the first week of July.

Gurgaon has all the amenities of a major Indian metro including shopping, restaurants, cinemas, nightlife, and other conveniences.

For more information see:

<http://www.delhicapital.com/delhi-locations/gurgaon.html>

### Accommodation and Food

Students will stay with a family in an apartment in Gurgaon or in Airbnb accommodations. Food options are readily available in the area.



## CASI Resources and Application Details

- **CASI Open House:** Thursday, January 19, 2023 from 3:00-5:00pm at CASI, 133 South 36th Street, Suite 230
- **Applications** close on Monday, February 6, 2023 at 11:59pm EST
- **Apply:** [https://upenn.co1.qualtrics.com/jfe/form/SV\\_3UYHtCQHpvNgk6y](https://upenn.co1.qualtrics.com/jfe/form/SV_3UYHtCQHpvNgk6y)